

# Curriculum Vitae

---

**Polly Westcott, Psy.D., HSPP**

[pwestcott@indianahealthgroup.com](mailto:pwestcott@indianahealthgroup.com)

## Current Position

- Indiana Health Group
- Neuropsychological and Forensic Assessment
- Psychological Assessment
- Biofeedback
- Psychotherapy and Counseling

## Education

- 1997: BA, Psychology, Purdue University, West Lafayette, IN
- 1999: MS, Counseling Psychology, Indiana University, Bloomington, IN
- 2002: MA, Clinical Psychology, Widener University, Chester, PA
- 2004: Doctor of Psychology, Concentrations: Forensic Psychology, Neuropsychology, Widener University, Chester, PA

## Fellowship

- 2004-2006: Indiana University Medical Center, Neuropsychology Clinic in Psychiatry, APPCN affiliated

## Internship

- 1999-2000: Indiana Women's Prison: Indianapolis, IN
- 2003-2005: Widener University, APA accredited rotations:
  - Elwyn, Inc., Inpatient psychiatric center, Media, PA
  - Berman, Caplan, & Schechter, Neuropsychology private practice, Wynnewood, PA

## Practicum

- 2001-2002: Widener University Enable Program, Learning disability center, Chester, PA
- 2000-2001: Clinical Neuropsychology Associates, Neuropsychology private practice, Philadelphia, PA
- 1999-2000: Devereux Kanner Center, Adolescent sexual offender program, West Chester, PA

- 1999-2000: Monroe County Corrections, Adolescent offender program, Bloomington, IN

### **Previous Practice Positions**

- 2015-2017: Director, Comprehensive MedPsych Systems at Professional Psychological Services
- 2007-2015: Professional Psychological Services (private practice)
  - Contractor, Indiana State Police
  - Neuropsychologist, Biofeedback and psychotherapy

### **Hospital Appointments**

- 2006-2007: Roudebush VA Medical Center, Director of the Polytrauma TBI unit, Neuropsychology clinic, Polytrauma, Indianapolis, IN
- 2007-2012: Indiana University School of Medicine, Indiana University Medical Center, Indianapolis, IN

### **Academic Affiliations**

- 2007-2012: Volunteer Professorship, Indiana University School of Medicine

### **Professional Service**

- 2018-2022: Chair of Programming/Professor, Community North Hospital
- 2009-2020: Indiana Psychological Association, Business of Practice Network Chairman, Psychological Healthy Workplace Chairman
- 2012-2020: Business of Practice Network Chairman, American Psychological Association
- 2008-2015: Indianapolis Discovery Network for Dementia, HABC Research Implementation Board
- 2015-2017: Brain Injury Association – Executive Board member
- 2008-2015: Indianapolis Discovery Network for Dementia, HABC Research Implementation Board
- 2010-2014: Indiana Psychological Association
  - 2011 Fall Conference Chairman
  - 2012 Fall Conference Chairman
  - 2013 Fall Conference Chairman
- 2006-2008: Indiana State Brain Injury Grant, Brain Injury Advisory Council Education Committee

## Professional Presentations

- October 1998: Mid-Western Educational Research Association, Chicago, IL - Service learning as pedagogy in a master's counseling program: A tri-level mentoring model
- October 2003: National Academy of Neuropsychology Conference, Dallas, TX - Investigation into the relationship between litigation status, the Halstead Reitan Battery, and the Test of Memory Malingering
- October 2003: National Academy of Neuropsychology Conference, Dallas, TX - Exploring the utility of the Halstead Reitan Battery to predict scores on the Test of Memory Malingering
- June 2005: Alzheimer Association, Indianapolis, IN - Overview of dementia
- July 2006: Alzheimer Association, Noblesville, IN - Overview of dementia
- November 2006: Roudebush VA Medical Center, Indianapolis, IN - Diagnosis of malingering in mild traumatic brain injury
- November 2006: Roudebush VA Medical Center, Indianapolis, IN - Diagnosis and recovery in mild traumatic brain injury
- August 2007: Alzheimer Association, Sheraton, IN - Overview of dementia
- September 2007: Alzheimer Association, Indianapolis, IN - Caring for the caregiver
- October 2007: Alzheimer Association, Indianapolis, IN - Overview of dementia
- October 2007: Project Share, Indianapolis, IN - Overview of dementia
- October 2007: Brain Injury Association of Indiana Annual Conference, Indianapolis, IN - Brain injury 101
- November 2007: Alzheimer Association, Indianapolis, IN - Overview of dementia
- November 2007: Indiana University School of Medicine, Indianapolis, IN - Diagnosis and treatment in mild traumatic brain injury
- April 2008: Epworth Church, Indianapolis, IN - Overview of dementia
- May 2008: Indiana University School of Medicine, Indianapolis, IN - Clinical assessment of malingering
- July 2008: St. Paul's Episcopal Church, Indianapolis, IN - Train your brain
- August 2008: Methodist Hospital, Indianapolis, IN - Identification and management of emotional, cognitive, and behavioral sequelae following brain injury
- October 2008: Brain Injury Association of Indiana Annual Conference, Indianapolis, IN - Brain injury 201

- October 2008: University of Indianapolis, Indianapolis, IN - Neuropsychological assessment of malingering
- December 2008: Indiana University School of Medicine, Indianapolis, IN - Postconcussive syndrome and Posttraumatic Stress Disorder in veteran populations
- August 2009: International Neuropsychological Society, Finland - Digit Span age scaled score in middle-aged military veterans at risk for TBI: Comparative utility in confirmation of incomplete effort
- September 2009: Brain Injury Association of Indiana Annual Conference, Indianapolis, IN - Neuropsychology and psychological perspectives on sports concussion
- October 2009: University of Indianapolis, Indianapolis, IN - Neuropsychological assessment of malingering
- November 2009: Indiana Psychological Association Annual Conference, Indianapolis, IN - Understanding psychopathy in private practice
- April 2010: Indiana University School of Medicine, Indianapolis, IN - Clinical assessment of malingering
- April 2010: Indiana University School of Medicine, Indianapolis, IN - Mild Traumatic Brain Injury (MTBI), Posttraumatic Stress Disorder (PTSD), and Postconcussive syndrome
- June 2010: Indiana University School of Medicine, Indianapolis, IN - Psychotic Disorders in the Elderly
- September 2010: Indiana University School of Medicine, Indianapolis, IN - Psychopathy and Sociopathy
- October 2010: Community North Hospital, Indianapolis, IN - Deconstructing Psychopathy
- November 2010: Sunrise Community Center, Indianapolis, IN - Caring for your Brain
- November 2010: Indiana Psychological Association Annual Conference, Indianapolis, IN - Psychology in the Media
- February 2011: Indiana University School of Medicine, Indianapolis, IN - Competency Assessment for the Courts
- March 2011: St. Paul's Episcopal Church, Indianapolis, IN - Strategies to Improve Brain Health
- April 2011: Indiana University School of Medicine, Indianapolis, IN - Post-concussion management
- May 2011: Case Managers at Work Organization, Indianapolis, IN - Posttraumatic Brain Injury

- October 2011: University of Indianapolis, Indianapolis, IN - Private Practice and Ethics
- September 2012: Indiana Psychological Association Seminar, Merrillville, IN - Psychopathy in Private Practice
- March 2013: University of Indianapolis, Indianapolis, IN - Updates in the Field of Neuropsychology
- July 2013: St. Vincent Hospital, Indianapolis, IN - Understanding the Psychopath
- March 2014: Indiana University School of Medicine, Indianapolis, IN - TBI in Veteran Populations
- April 2014: National Organization of Veteran's Attorneys, Pittsburgh, PA - VA Psychological Examinations: The Good, The Bad, and The Ugly
- November 2014: Indianapolis Metropolitan Police Department, Indianapolis, IN - Intervening with Alzheimer's Disease
- March 2015: Crisis Intervention Team, Indianapolis, IN - Intervening with Alzheimer's Disease
- March 2015: Crisis Intervention Team, Indianapolis, IN - Intervening with Psychopaths
- August 2015: Crisis Intervention Team, Indianapolis, IN - Intervening with Alzheimer's Disease
- March 2016: Indianapolis Metro Police, Crisis Intervention Team - Intervening with Alzheimer's Disease
- April 2016: Psychological Workplace Annual Meeting, Washington DC - Communicating with Executive Directors
- October 2016: Indianapolis Metro Police, Crisis Intervention Team - Intervening with Alzheimer's Disease
- November 2016: Joy's House Adult Daycare – Caregivers Group, Indianapolis, IN - Caregiver stress for Frontotemporal Lobe caregivers
- November 2016: Marion County Sheriff's Department, Indianapolis, IN - Intervening with Alzheimer's Disease
- December 2016: Alzheimer's Association, Indianapolis, IN - Neuropsychological Intervention and Dementia
- December 2016: Community Hospital, Indianapolis, IN - Sexual Disorders
- February 2017: Marion County Sheriff's Department, Indianapolis, IN - Intervening with Alzheimer's Disease
- February 2017: Community Hospital, Indianapolis, IN - Psychopathology

- March 2017: Hamilton County Crisis Team, Noblesville, IN - Intervening with Alzheimer's Disease
- May 2017: National Kidney Foundation, Indianapolis, IN - Processing and communication strategies in Dementia: What you can do and when to ask for help
- June 2017: Alzheimer Association Annual Education Conference, Indianapolis, IN - Caregiving: How to persevere during the season of change
- June 2017: Indiana Continuing Legal Education Seminar, Indianapolis, IN - Neuropsychological Assessment
- October 2017: Marion County Sheriff's Department, Indianapolis, IN - Intervening with Alzheimer's Disease
- November 2017: Indianapolis Metro Police, Crisis Intervention Team - Alzheimer's Disease and TBI in Law Enforcement
- December 2017: Community Hospital, Indianapolis, IN - Paraphilic Disorders
- February 2018: Indianapolis Metro Police, Crisis Intervention Team - Alzheimer's Disease and TBI in Law Enforcement
- April 2018: Indianapolis Metro Police, Crisis Intervention Team - Alzheimer's Disease, Psychosis, and TBI
- June 2018: National Webinar for trial attorneys - How to explain TBI
- September 2018: National Webinar for trial attorneys - PTSD and other Psychological disorders associated with TBI
- December 2018: Indianapolis Metro Police, Crisis Intervention Team - Alzheimer's Disease, Psychosis, and TBI
- March 2019: Community Hospital, Psychiatry Residents, Indianapolis, IN - Paraphilic Disorders
- March 2019: Fishers Police Department, Crisis Intervention Team - Psychopathology
- March 2019: Fishers Police Department, Crisis Intervention Team - Alzheimer's Disease and Related Dementias
- April 2019: Community Hospital, Indianapolis, IN - Malingering, TBI, and other Psychological Disorders
- May 2019: National Webinar for trial attorneys - Symptom exaggeration and TBI
- September 2019: Fishers Police Department, Crisis Intervention Team - Psychopathology
- September 2019: Fishers Police Department, Crisis Intervention Team - Alzheimer's Disease and Related Dementias

- September 2019: Indiana Continuing Legal Education Seminar, Indianapolis, IN - Neuropsychological Assessment
- November 2019: Indianapolis Metro Police, Crisis Intervention Team - Brain Injury and Disease Processes
- February 2020: Community Hospital, Psychiatry Residents, Indianapolis, IN - Paraphilic Disorders
- March 2021: Fishers Police Department, Crisis Intervention Team - Brain Injury and Disease Processes, Psychopathy
- November 2021: Indianapolis Metro Police, Crisis Intervention Team - Brain Injury and Disease Processes
- March 2022: Fishers Police Department, Crisis Intervention Team - Brain Injury and Disease Processes, Psychopathy
- April 2022: Culver Military Academy - Psychology in Forensic Assessment
- April 2022: Indianapolis Metro Police, Crisis Intervention Team - Brain Injury and Disease Processes
- June 2022: Melvin M. Belli Society - Johnny Depp Trial: What did we learn about psychological testimony at trial?
- October 2022: Indianapolis Metro Police, Crisis Intervention Team - Brain Injury and Disease Processes
- March 2023: Purdue University - Forensic Psychology: More than Just Criminal Minds
- March 2023: Hamilton County Police, Crisis Intervention Team - Dementia: The Bucket Category
- March 2023: Indianapolis Metro Police, Crisis Intervention Team - Brain Injury and Disease Processes
- March 2023: Indiana Judges and Lawyers Assistance Program - Where did I put my briefs? Distinguishing what is “normal” aging from mood difficulties and early signs of dementia
- April 2023: Community Hospital, Psychiatry Residents, Indianapolis, IN - Paraphilic Disorders
- April 2023: Indiana Spring Judicial College - The Brain and the Bench: How to make the most of neuropsychology in the courtroom
- July 2023: Indianapolis Metro Police, Crisis Intervention Team - Brain Injury and Disease Processes
- September 2023: Purdue University, Indiana - Forensic Neuropsychology

- September 2023: Purdue University, Indiana - Expert Witnessing: The Good, the Bad, and the Beautiful
- December 2023: Indiana Public Defender Council Ethics Webinar 2023 - The Brain and Longevity
- February 2024: Community Hospital, Psychiatry Residents, Indianapolis, IN - Paraphilic Disorders
- February 2024: Purdue University, Indiana - The Process of Examinations: Forensic Neuropsychology
- February 2024: Indianapolis Metro Police, Crisis Intervention Team - Brain Injury and Disease Processes
- April 2024: Hamilton County Police, Crisis Intervention Team - Dementia: The Bucket Category
- April 2024: Hamilton County Police, Crisis Intervention Team - Psychopathy and Sociopathy
- June 2024: Indianapolis Metropolitan Police, Crisis Intervention Team - Alzheimer's Dementia
- August 2024: CIT International - What We Can Do to Reduce Our Risk of Dementia and Stress
- September 2024: Indiana Banker's Association - Empowering Knowledge on Mental Health Disorders and Cognitive Disorders
- October 2024: Boone County Police, Crisis Intervention Team - Dementia: The Bucket Category
- November 2024: Hamilton County Police, Crisis Intervention Team - Dementia: The Bucket Category
- November 2024: Purdue University, Indiana - Forensic Psychology and Neuropsychology Testimony
- November 2024: Indianapolis Metropolitan Police, Crisis Intervention Team - What is Dementia and How Can We Intervene?
- December 2024: ITLA - Understanding the Unseen: Neuropsychology's Role in Forensic Evidence

## **Publications**



- Boustani, M.A., Frame, A., Munger, S., Healey, P., Westlund, J., et al. (2012). Connecting research discovery with care delivery in dementia. *Clinical Interventions in Aging*, 7, 509-516.
- Whitney, K.A., Shepard, P.H., & Davis, J.J. (2012). WAIS-IV Digit Span Variables: Are They Valuable for Use in Predicting TOMM and MSVT Failure? *Applied Neuropsychology: Adult*, 0: 1-11.
- Monahan, P.O., Boustani, M., Alder, C., et al. (2012). A Practical Clinical Tool to Monitor dementia Symptoms: the HABC-Monitor. *Journal of Clinical Intervention in Aging*, 7, 143-157.
- Shepard, P. (2010). Psychopathy important to understand in clinical practice. *The National Psychologist*.

## Publications

- Boustani, M.A., Frame, A., Munger, S., Healey, P., Westlund, J., Farlow, M., Hake, A., Austrom, M.G., Shepard, P., Bubp, C., Azar, J., Nazir, A., Adams, N., Campbell, N.L., Chehrea, A., & Dexter, P. (2012). Connecting research discovery with care delivery in dementia: the development of the Indianapolis Discovery Network for Dementia. *Clinical Interventions in Aging*, 7, 509-516.
- Whitney, K.A., Shepard, P.H., & Davis, J. J. (2012). WAIS-IV Digit Span Variables: Are They Valuable for Use in Predicting TOMM and MSVT Failure? *Applied Neuropsychology: Adult*, 0: 1-11.
- Monahan P.O., Boustani M., Alder, C., Galvin, J.E., Perkins, A.J., Healy, P., Chehreza, A., Shepard, P., Bubp, C., Frame, A., Callahan, C.M. (2012). A Practical Clinical Tool to Monitor dementia Symptoms: the HABC-Monitor. *Journal of Clinical Intervention in Aging*, 7, 143-157.
- Shepard, P. (January/February, 2010). Psychopathy important to understand in clinical practice. *The National Psychologist*.
- Adams, K.M. Whitney, K.A., Davis, J.J., Shepard, P.H., & Bertram, D.M. (2009). Digit span age scaled score in middle-aged military veterans at risk for TBI: Comparative utility in confirmation of incomplete effort. *Journal of the International Neuropsychological Society*, 15(S2), 12.
- Whitney, K.A., Shepard, P.H., Williams, A.L., Davis, J.J., & Adams, K.M. (2009). The Medical Symptom Validity Test in evaluation of Operation Iraqi Freedom/Operation Enduring Freedom soldiers: A preliminary study. *Archives of Clinical Neuropsychology*, 24(2), 145-152.
- Whitney, K.A., Davis, J.J., Shepard, P.H., Bertram, D., & Adams, K.M. (2009). Digit span age scaled score in middle-aged military veterans: Is it a better predictor of negative response bias than Reliable Digit Span? *Archives of Clinical Neuropsychology*, 24(3), 263-272.
- Shepard, P. (Winter, 2008). Practice information you can use: A primer on biofeedback. *Indiana Psychological Association Newsletter*.

- Whitney, K.A., Hook, J.N., Steiner, A.R., Shepard, P.H., & Callaway, S. (2008). Is the Rey-Item Memory Test II (Rey II) a valid symptom validity test?: Comparison with the TOMM. *Applied Neuropsychology*, *15*(4), 287-292.
- Whitney, K.A., Davis, J.J., Shepard, P.J., & Herman, S.M. (2008). Utility of the Response Bias Scale (RBS) and other MMPI-2 validity scales in predicting TOMM performance. *Archives of Clinical Neuropsychology* *23*(7-8), 777-786.

### **Distinguished Awards**

- 2012: Outstanding Contribution to the Field of Psychology, Indiana Psychological Association

### **Professional Organization Memberships**

- Indianapolis Discovery Network for Dementia
- Brain Injury Association, Indiana Chapter
- Indiana Psychological Association
- National Academy of Neuropsychology
- American Psychological Association, Division 40 Member